

BALANCE 180 GYMNASTICS SUMMER CAMP 2022

Week 1: July 11th - 15th Week 2: July 18th - 22nd Week 3: July 25th - 29th



Summer of Travel

Join us this summer for fun, flips, and fitness! Practice your handstands, cartwheels, round-offs, and handsprings with the guidance of our experienced instructors. Participate in our gymnastics obstacle courses, fitness challenges, and fast-paced games that keep everyone moving and having a blast. No prior gymnastics experience necessary. We welcome children of all abilities!







We will also have fitness challenges, supervised open gym, snack time, outdoor activities, gymnastics and so much more!

What goes on at Balance 180 Summer Camp?



GAMES



SPECIAL GUEST



DANCING



FUN FRIDAYS



GYMNASTICS

Sign up





We are going strong with summer camp activities from 8:30am-3:00pm. Below is a sample schedule of how we spend our time together.

Good morning, campers!

Arrival and pre-camp quiet activities Gymnastics Fun in the sun outside activities Crafts & Games Snack time Special guest Dance

Onward to the afternoon...

Lunch...time to refuel! Gymnastics Open gym Camp leaders and close out...see you back tomorrow!





Register Joday!

REGISTRATION RATES

Please see below for a breakdown of our summer camp rates:

Weekly Rate

\$200/week for first child 10% discount for siblings

Registration (non-members)

1 child \$25 Family (2+ children) \$45

Early Drop Off

\$5/child per day

SPECIAL NOTES

- Camp is open to children ages 4+.

- All campers will receive a Balance 180 summer camp t-shirt during their first week of camp.
- Balance 180 provides a snack and drink to all campers.
- We ask that you pack a lunch that does not require refrigeration.
- Campers should be potty trained.

EARLY DROP OFF

Early drop off hours will be available for an additional \$5 per day per camper. Early drop off begins at 7:30am. Great for parents who need to drop off their kids on their way to work!



Come for one week or all three!

Summer Camp Themes:

Week 1: Space: Launching into outer space Week 2: Time travel: Blast to the past Week 3: Across the globe: Pack your bags

JOIN US FOR A SUMMER OF TRAVEL

